



**Training Courses
to
Promote Positive Outcomes for Children
April 2023**

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Training Brochure

Welcome to our ground-breaking selection of training courses, expertly designed to equip professionals like you with essential skills for understanding and addressing complex challenges in child protection and family dynamics.

Explore the intricacies of "Coercive Control and Narcissistic Abuse", a course where you'll gain critical insights into these specific forms of abuse and learn practical strategies to support victims. Discover our innovative "Cultural Humility and Ethnographic Interviewing" course, designed to cultivate sensitivity towards cultural diversity, enhance your understanding, and improve your ability to work with diverse families.

Dive deep into the widespread "Domestic Abuse" issue, acquiring a comprehensive understanding of the patterns, effects, and possible interventions. Become more adept at "Engaging with Fathers", mastering strategies to involve fathers more effectively in child protection procedures to promote family healing and child welfare.

Our "Trauma-Informed Complex Co-Parenting" course teaches you how to navigate co-parenting situations after trauma, always prioritising the child's needs. Equip yourself with the tools and strategies to effectively work with manipulative parents, safeguarding children's interests in even the most challenging circumstances.

Gain the skills to engage and address the behaviours of domestic abuse perpetrators through our comprehensive course on "Working with Perpetrators of Domestic Abuse". Our courses are crafted from our team's collective experiences working in Children's Services, ensuring you receive training grounded in real-world situations and proven strategies. These are just a glimpse of what we offer - explore our full range of courses designed to enhance your skills, knowledge, and confidence, enriching your professional practice and fostering a positive impact on the lives of those you work with. Join us today, and together, let's make a real difference. Book online to secure your place.

Our Mayday trainers have delivered the Department of Work and Pensions Reducing Parental Conflict (RPC) programme to multidisciplinary teams since 2019. Based on feedback from



delegates, discussions with RPC Leads, and our significant experience working in Children's Services, we delivered an enhanced version of the original RPC modules.

We have observed some excellent practice but have also identified many gaps in knowledge, skills and confidence when engaging with parents. In April 2021, we created and have been delivering additional programmes to address these gaps, and the feedback has been highly positive.

Who is the training for?

Our programmes support practitioners, supervisors and managers in building awareness and developing the confidence, knowledge and skills to work with parents to reduce ongoing poorly resolved conflict and improve outcomes for them and their children. Our child-centred, trauma-informed approach empowers practitioners to become more curious and overcome their fears by exploring beyond the presenting symptoms ensuring they get the child's voice.

If you want feedback about our training, we can make this available to you. Here is a list of our most

1. Co-parenting Without Conflict: Towards Reducing Parental

Leveraging our expertise in safeguarding and supporting children and families, we have prepared a one-day programme that delves into the causes of parental conflict. Our initiative lets you acquire valuable knowledge, skills, and techniques to support families effectively. This trauma-informed programme appreciates the child's voice, considers diversity, and embraces difference.

Target Audience

The course is aimed at professionals working directly with families to alleviate parental conflict. This programme is perfect for Early Help Practitioners, Social Workers, Health Visitors, Family Workers, School Safeguarding Leads, Child and Adolescent Mental Health (CAMHS) Practitioners, Youth Workers, Family Intervention Workers, Police Officers and anyone who operates under the Statutory Guidance, "Working Together to Safeguard Children".



Learning Objectives

By participating in this in-depth programme, you will gain the ability to:

1. Understand the difference between parental conflict and domestic abuse, ensuring the appropriate response based on local authority threshold criteria.
2. Enhance your understanding and knowledge of the destructive parental conflict, enabling early identification of relationship distress.
3. Comprehend how conflict escalates in parental relationships, and support parents with effective de-escalation strategies.
4. Familiarise yourself with tools for assessing parental vulnerabilities, needs, stressors, and triggers.
5. Consider diversity and difference, understanding their implications when supporting parents in conflict.
6. Recognise the importance of engaging both parents in conflict resolution efforts.
7. Understand the impact of parental conflict on children, and employ various tools to ensure their voice remains central to the support provided.
8. Boost your confidence in crucial practice areas like empathetic questioning, effective interviewing techniques, professional curiosity, and empowering parents towards positive change.
9. Learn about the cycle of change and gauge parents' readiness to embrace it.
10. Collaborate on SMART plans that support parents, focusing on shielding children from the detrimental effects of parental conflict and potential significant harm."

Our programme aims to equip practitioners with a holistic understanding of the complexities of parental conflict, fostering a more informed, empathetic, and proactive approach to mitigating its impact. Book our course for your team, either online or face to face, to enhance their capacity to transform the lives of families you work with.



2. Empowering Safeguarding Professionals: Domestic Abuse Training Programme

Are you a professional dedicated to safeguarding children? Or perhaps you are a domestic abuse practitioner or a member of an agency obligated to report safeguarding concerns? Our comprehensive Domestic Abuse Training Programme, composed of four in-depth modules, is your key to a profound understanding and actionable knowledge of domestic abuse.

In collaboration with Mayday Domestic Abuse Services, we have curated this training, each module reflecting our deep understanding, expertise, and frontline experience in child protection. Here, you are not just gaining theoretical knowledge but benefiting from real case studies from our work with children and families. It's a journey from introductory to advanced levels of learning, structured flexibly to meet the needs of both novice and experienced practitioners. Embark on this learning path with us and step forward in your career with renewed insight into protecting and supporting children effectively.

Module 1: Domestic Abuse Awareness

The first half-day module ensures anyone interacting with families is equipped with the requisite domestic abuse knowledge, enabling confident action to safeguard child and adult victims. It's vital because "Safeguarding is everyone's business".

Key Learning Outcomes:

1. Deepened understanding of the evidence around domestic abuse.
2. Ability to identify various forms of domestic abuse.
3. Comprehensive awareness of the impact of domestic abuse on children and families.
4. Improved understanding of domestic abuse indicators and barriers to disclosure.
5. Insight into the "invisible nature and hidden harm" of domestic abuse.

Module 2: Domestic Abuse Skills to Respond

This one-day advanced training is for professionals already familiar with Module 1 and directly interacting with families - equipping you to appropriately and safely respond to instances of domestic abuse.

Key Learning Outcomes:

1. Enhanced awareness of the prevalence of domestic abuse.



2. Knowledge of the legal framework and duties towards child and adult victims.
3. Familiarity with the Recognise/Respond/Refer model and the risk indicator DASH.
4. Improved interviewing skills, enabling sensitive, empathetic, and culturally appropriate conversations about domestic abuse.

Module 3: Enhanced Domestic Abuse for Children's Services Frontline Practitioners

Our most intensive module, this two-day programme, enables professionals to work more effectively with children and families. It provides a profound understanding of domestic abuse and how trauma and intersectionality impact people's experiences.

Key Learning Outcomes:

1. Knowledge of the guiding principles for working with families experiencing domestic abuse.
2. Enhanced understanding of the laws relevant to domestic abuse and protecting children and adults.
3. An in-depth comprehension of a trauma-informed approach to assessing parenting capacity in domestic abuse cases.

Module 4: Domestic Abuse for Case Managers and Supervisors

Module 4 focuses on the critical tasks of effective case management, supervision, and evaluation in handling complex and challenging domestic abuse cases.

Key Learning Outcomes:

1. Advanced knowledge of effective case management practices.
2. Understanding of the role of the supervisor in supporting caseworker safety and well-being.
3. Competencies to manage complex domestic abuse cases.

We strongly advocate for a classroom-based learning experience for optimal results, though online courses with the same content are available. The difference lies in the hands-on practice in a safe environment, particularly useful when analysing case studies and honing skills. Get empowered and make a real difference in safeguarding children's lives and futures.



3. Reduce Parental Conflict Using Motivational Interviewing Techniques: A Two-Day Masterclass

The ripple effect of parental conflict is far-reaching and undoubtedly impacts children profoundly. If left unchecked, these situations can escalate rapidly, creating an environment of tension and distress. Harnessing our expertise in motivational interviewing, family trauma, and the family safeguarding model, we present a well-curated, immersive, evidence-based masterclass. This programme is specifically tailored for practitioners striving to support families struggling with parental conflict, with explicit exclusion of situations involving domestic abuse.

Our two-day interactive masterclass employs real-life case studies, immersing participants in the intricate complexities of parental conflict. The course will equip you with a comprehensive toolkit of motivational interviewing techniques, helping you encourage parents to initiate positive behavioural change. With a steadfast focus on both the child and the individual, we aim to improve overall outcomes for the children and families involved.

Target Audience

This programme is initially designed for Early Help Practitioners and Family Workers. However, its relevance extends beyond this group, with practitioners from other services benefiting significantly. Professionals such as Social Workers and others named in the Statutory Guidance, Working Together to Safeguard Children, have found this course invaluable.

Learning Objectives

Knowledge

- Know the difference between parental conflict and domestic abuse, ensuring the correct response per the local authority threshold criteria.
- Identify the early stages of destructive parental conflict and parental relationship distress.
- Understand the trajectory of conflict escalation within parental relationships.



- Comprehend how trauma and intersectionality/diversity can influence a person's experiences and capacity for change.
- Obtain a working knowledge of the critical aspects of a trauma-informed social work family assessment.
- Gain knowledge of motivational interviewing and the cycle of change.

Skills

- Learn to apply a diverse range of assessment tools.
- Use motivational interviewing techniques when working with parents experiencing conflict.
- Apply these techniques to de-escalate parental conflict effectively.
- Guide parents through the various stages using motivational interviewing.
- Collaboratively develop a SMART plan with parents that focuses on achieving positive outcomes for children.

Values

- Embrace an early intervention approach, listen attentively to parents, and offer timely assistance.
- Understand the potential influence of personal beliefs, experiences, and attitudes on professional involvement, and take necessary actions to avoid bias.
- Maintain the perspectives of each family member at the core of all interactions while ensuring the effective safeguarding of children.
- Confidently address parental conflict without bias, upholding the rights of children experiencing such conflicts, and provide support for children and adults.

We strongly recommend face-to-face training for this masterclass. This format enhances the learning experience and promotes a collaborative environment where participants can engage, share experiences, and learn from one another. Here is your chance to elevate your professional skills and make a profound difference in the lives of children and families. Book your session with us and make a difference to your team, children and families.



4. Trauma-Informed Complex Co-parenting: A One-Day Intensive Workshop

In a world where parents often grapple with complex and challenging behaviour, possibly tied to their own adverse childhood experiences (ACEs), the need for confident, skilled, and understanding practitioners has never been greater. Our one-day workshop addresses this need by equipping professionals with tools and insights to support parents in acknowledging their actions' impact on their children and engaging more effectively with assistance.

Why Choose This Workshop?

Parents experiencing the after-effects of destructive intergenerational conflict often feel judged, leading them to withdraw from essential support. Practitioners may inadvertently focus more on presenting symptoms, apprehensive about escalating the situation. This workshop aims to transform these patterns, enabling front-line workers to approach families with increased confidence, awareness, and enhanced techniques.

Learning Objectives

Our comprehensive program aims to invigorate front-line practitioners, fostering professional curiosity and ultimately leading to improved family outcomes. Key takeaways from the programme will include:

1. An enhanced understanding of the detrimental impact of 'Grey Areas' between Parental Conflict and Domestic Abuse on a child's well-being.
2. An in-depth examination of parallels in recent Serious Case Reviews, fortifying your knowledge base.
3. Skills to detect and respond effectively to signs of Parental Alienation.
4. Insight into how unconscious bias can impede progress towards positive outcomes and strategies to counter this.
5. Understanding how to approach families through a 'Trauma Lens' facilitates more empathetic and effective interactions.
6. Increased confidence to engage with parents presenting challenging behaviours.
7. Practical application of 'Social Graces' to foster rapport with parents and children, bridging gaps and promoting open communication.



8. Expertise in accurately capturing the child's lived experience, recognising their role within the conflict.
9. An arsenal of practical tools and strategies to enhance communication between practitioners and families.

Whether you're an experienced professional seeking to fine-tune your approach or a newcomer eager to acquire proven techniques, this workshop will prove invaluable. We recommend attending our face-to-face sessions for the best interactive and immersive learning experience. However, this programme is also available in a 3-hour version online.

Empower yourself to make a real difference in complex co-parenting situations and secure a booking for your team, or individuals can book a space online.

5. Engaging with Fathers: A Vital Online Workshop for Better Outcomes

The role of fathers in child protection often goes unnoticed, and this oversight can be detrimental to the child's development and emotional well-being. Distorted narratives driven by media and misconceptions such as fathers "don't care" contribute to poor outcomes for children. Supporting only one parent in an ongoing unresolved parental conflict is unlikely to yield positive results.

Our online workshop 'Engaging with Fathers' addresses this gap in children and family services, providing practitioners with the knowledge, skills, and confidence to involve and support fathers effectively in their child's life.

Target Audience

This programme is designed for anyone working to safeguard children or engaged directly with families. It will benefit professionals across the board, from children's services and schools to healthcare, mental health, and the voluntary sector.

Learning Objectives

In 3-4 hours, session, practitioners will navigate their reservations and learn to engage proactively with both parents, helping fathers make positive changes to benefit their children. The outcomes of this workshop include:



1. Understanding how to approach conflict through a Trauma Lens, making interactions more informed and empathetic.
2. Exploring the complexities of relationships and challenging preconceived language and judgements - e.g., men as perpetrators, women as victims.
3. Educating mothers about the immense benefits of involving fathers in their child's upbringing.
4. Recognising and incorporating the strengths of fathers into your working approach.
5. Linking thoughts and feelings to behaviour, offering a comprehensive understanding of actions and reactions.
6. Empowering practitioners to explore their own beliefs and how these may impact their professional interactions.
7. Supporting fathers in understanding how unresolved trauma and Adverse Childhood Experiences (ACEs) inform current behaviours.
8. Promoting effective communication between fathers and their children is essential for healthy relationships and positive child development.

'Engaging with Fathers' is not just a workshop; it's an opportunity to bring about a change that can significantly impact the lives of the children and families you work with. Secure your spot in our online workshop today for a truly immersive and transformative learning experience. Remember, every step towards engaging with fathers is a stride towards a healthier, happier future for our children.

6. Motivational Interview for Children's Services Practitioners: Elevate Your Skills and Drive Meaningful Change

In social work, Motivational Interviewing (MI) shines as a framework that is not just complementary but powerfully transformative. Much like the core values of social work, MI fosters an approach marked by compassion, collaboration, and a positive mindset. Through it, we cultivate an atmosphere of care that leaves a lasting impact on our interactions with families.



This methodology doesn't merely help us empathise more deeply; it equips us to steer families towards positive behavioural change more effectively. It's like extending a hand to families, guiding them along the path of self-improvement and healthier dynamics while respecting their autonomy and capacity for change.

Target Audience

Our unique two-day programme is tailor-made for those who work directly with families, those keen on enhancing their professional capabilities, and anyone eager to make a difference.

Learning Objectives

During our half-day introductory programme, we aim to help you with the following:

1. Understand and articulate the concept of MI and how it applies to social work with children and families.
2. Illustrate the principles of the family safeguarding model and the role of MI within it.
3. Develop a practical understanding of the change process.
4. Examine the core spirit and principles of MI to grasp its fundamental ethos.
5. Understand the strategies used to encourage Change Talk.
6. Become familiar with the four MI processes, laying a comprehensive foundation for this methodology.
7. Discuss and apply the core skills of MI with confidence.
8. Identify potential barriers or factors that could impact the motivation to change.
9. Assess a client's readiness for change and adapt your approach accordingly.
10. Integrate MI seamlessly into your work with children and their families.
11. Formulate a theory of change model to evaluate the effectiveness of your practice.

To enhance your learning experience, we also provide supporting resources that will be helpful companions on your journey of knowledge expansion.

Elevate your skills, impact families positively, and contribute to a better future by registering for our course today. Together, we can make a meaningful difference!



7. A Trauma-Informed Approach to Child and Family Assessments

Our programme, based on trauma-informed (TI) principles, enriches the process of child and family assessments by adding perspective - needs, risks to children, parental capacity, and capacity for change. We highlight identifying adverse childhood experiences (ACEs) that may hinder a child's ability to rely on their families for the comfort, protection, and support they need.

Backed by robust evidence demonstrating the detrimental outcomes for children affected by trauma, including these aspects in your assessments can enable practitioners to spot and connect families with appropriate trauma support services.

Target Audience

This course was designed for social workers engaged in initial and ongoing family assessments. However, it also offers valuable insights for any practitioners conducting family assessments. The goal is to reinforce and expand the knowledge and skills you already utilise in performing more thorough, nuanced family assessments.

Learning Objectives

Upon completing this one-day programme, participants should be able to:

Knowledge

1. Overcome assessment hurdles by bolstering your confidence and skill in articulating the advantages of your proposed approach.
2. Identify and put into action the best practices in family assessments.
3. Grasp how trauma and intersectionality/diversity issues influence an individual's experiences and capacity to change.
4. Understand interviewing strategies to employ when gathering data for the assessment.
5. Analyse the dynamics within the family and assess the functioning, experience, and impact of trauma.



6. Effectively use the concept of family history and functioning to understand family trauma.
7. Gain practical knowledge of the components of a trauma-informed social work family assessment.
8. Familiarise yourself with different assessment and monitoring tools.
9. Learn how to present the assessment results to the family considerately.
10. Extend support to children and families affected by trauma.
11. Recognise the strengths and limitations of this approach.

Join us on this enlightening journey to transform how you conduct child and family assessments. Equip yourself with trauma-informed tools and insights that can make a profound difference in the lives of the families you work with. Adopt a broader, more nuanced understanding of trauma and its effects, enabling you to offer more effective, compassionate support to those in need.

Take advantage of this opportunity to enhance your practice and make a lasting, positive impact. We strongly recommend face-to-face training for an immersive, practical experience that brings the principles of trauma-informed assessments to life.



8. Enhancing Social Work Through Cultural Humility and Ethnographic Interviewing

Tackling the challenges of cultural diversity is integral to effective social work. It requires understanding, sensitivity, and the right skills to connect with families whose backgrounds, experiences, and perspectives differ vastly from ours. That's why we've carefully curated this programme, focusing on cultural humility and ethnographic interviewing. Our goal is to equip you, the practitioners safeguarding children and their families, with the means to navigate these cultural landscapes confidently and competently.

Drawing directly from the experiences of families and caseworkers in the child protection sector, this programme is fine-tuned to address the real-world complexities you face daily. You'll learn how to discern the right questions to ask, how to ask them, and how to frame effective action plans while respecting cultural nuances.

The stakes are undeniably high, especially when assessing risk in diverse families, and it's our responsibility to ensure that cultural differences do not hinder our ability to protect vulnerable children.

Target Audience

While initially tailored for social workers, this programme can profoundly benefit all practitioners engaging with children and their families.

Learning Objectives

Our mission is to empower you with the knowledge, skills, and values necessary for culturally competent practice. Here's what you can expect to gain from this one-day programme:

Knowledge

- Unearth the impact of culture on problem identification, support seeking, and service accessibility.
- Understand how cultural nuances influence communication with families and learn to adapt to various communication styles.



- Grasp the concept of ethnography in safeguarding, permanence, welfare, and cultural humility.
- Comprehend the objectives, strategies, and methods of ethnographic interviewing concerning cultural humility.

Skills

- Using real-life safeguarding scenarios, apply ethnographic interviewing techniques to extract culturally specific child safety details from family interactions.
- Formulate pertinent ethnographic interview questions to gather cultural insights and perspectives.

Values

- Develop a commitment to explore personal biases, practise self-correction, and employ in-action reflection.
- Recognise how personal beliefs, values, norms, and worldviews can influence case outcomes for children and families.
- Adopt a culturally responsive approach to engage, assess, and support family relationships, safety concerns, and child welfare.
- Foster collaborative relationships with families using culturally responsive strategies to engage and problem-solve.

Join us on this enriching journey of cultural exploration and professional growth. Make a real difference in the lives of the children and families you work with, and enhance your practice by embracing the principles of cultural humility and ethnographic interviewing. We highly recommend our face-to-face training for an engaging and immersive learning experience.

Pricing Information

(Does not include travel cost/expenses)

Method	Duration	Price
Face to Face/inhouse	1-day	£1,300.00



Face to Face/inhouse	2-days	£2,400.00
Online Courses	1 day	£950.00
Online / Webinars	Half-day	£500.00

For pricing other enquiries and further information
please email: elaine@maydayvs.co.uk